

# A FARMER'S TALK TO FARMERS

The Castle of If—The French Castle of this Name Not the Only One—Every Town has a Few—To the Snorters and Snivellers Must be Added the If-But-ers—The Impediments of the Mind—The Castle of Biff the Source of Vim.

(Written Specially for The Bulletin.)

I suppose you've all of you heard or read of the Castle of If, near Marseilles, France. Only the Frenchmen call it the "Castle of If" which I understand they have the indubitable right to, as they built it and it belongs to them. If a man can't call the thing he makes by the name he chooses what's the good of the constitution and the Declaration of Independence, anyway? But, while I freely admit their right to say "Shattow deer," if they want to, horses and oxen can't make me call it anything but "the Castle of If."

It has been a notable prison, and many famous names, historical as well as Dumas-invented, are represented on the roster of its involuntary guests. Standing on a rocky island, surrounded by the deep waters of the bay of Marseilles, it has always been considered a mighty hard place to get out of. People confined there could wander around the corridors or stand in the towers and gaze longingly toward the vine-clad hills of the blue shore, without much chance of getting away. They didn't wear shackles and chains, didn't have to be confined in burglar-proof cells. A visitor might hardly distinguish the prisoner from the guard by any outward mark. Yet around those picturesque roofs the unsalable air and the unswimable gulf set barriers more impassable than triple walls of steel and concrete.

But you don't have to go to Marseilles to find another "Castle of If." I've got a farmer neighbor who lives in one, not a mile from me. It doesn't look in the least like a castle or a prison. It hasn't any towers nor any thick walls with barred windows. Nor is there the slightest trace of a moat around it. It looks for all the world, like a common, everyday farmhouse—a little time-worn, perhaps; out-at-the-heels, as one might say; a trifle discouraged, if such a word may be applied to a mere building. But it's not dilapidated nor really forbidding. There's nothing about it to draw the special attention of the casual passer.

Yet, if ever there was a "Castle of If," it is this farmhouse. There's an "If" standing guard forever at the front door, and another, even bigger, watching at the rear. One sits down to dinner with the family regularly, and one roasts on the hearth, and the "masters" bed each night. There's another out at the barn sitting on the hayrack and a little one lies always between the plow handles. It's "If" here and "If" there. "If it would only"—

"If it hadn't been for the weather, he'd have plowed that back lot last spring and got a good crop of potatoes. 'If' the best of the row were left, been broken, he'd have got that hay in from the east meadow without its having been soaked and spoiled by the rain. 'If' he'd only known how high eggs were going on the board, he'd have saved those pullets that went into the pot last summer and had eggs to sell now. 'If' he could only get some shingles as good as he used to buy fifty years ago, he'd shingle the barn and stop its leaking. 'If' he only had a thousand dollars more, he would buy that adjoining lot, hire an extra man and to wondrous next year. 'If' the town would only straighten the road, all in the swamp, bore a short tunnel through he'd bill the road now goes over, why he could draw bigger loads to market and perhaps make something. 'If' his neighbors would only keep their life fences better, then he'd fix his, too. 'If' somebody else would do something different, then everything would be lovely.

Oh, yes, and if turnips grew already boiled and buttered, he wouldn't have to store 'em and have 'em cooked. If pumpkin pies hung on trees he could get his lunch very easily. If the brooks ran milk he wouldn't have to keep cows, and if little roast pigs roamed around begging him to slice 'em up and eat 'em, he wouldn't need a pigpen. If it rained automobiles and aeroplanes he could get to town regardless of roads—he'd blow up or break his neck starting. If there wasn't any winter it would be summer all the year—or something else. If the world was only different, why, then, it would be a different world. Oh, hucks!

Some poet once said that "In the bright lexicon of youth There's no such word as 'fail.'"

Perhaps not; I don't know. I've got

out of that "bright lexicon" into one that's a little more cloudy, at times, and less certain in its definitions. Nevertheless I wish there wasn't such a word as "if" in any lexicon, nor such a thing in life as seems to be implied by the word. I wish there wasn't any "Castle of If," with its big "Ifs" for jailers and its little "ifs" for constant companions. But there are lots of them. My neighbor isn't the only one who lives in that sort of prison. Similar "If" houses stand in every country town and along every highway. The worst of it is that they would keep their "If" broods at home, but send them out to infect the whole countryside. Such places seem to radiate gloom and discontent, as more cheerful and sweeter tempered Nature radiates sunlight and warmth.

To the two classes I talked about, last week, please add another—the "If-But-ers." You know the formula. "If" things were so and so, I'd win. But since they are otherwise, I lose. When people once get fairly settled in any old Castle of If, their daily life and conversation thenceforth becomes a succession of "ifs" and "buts."

Now—what is the use of course if I were always 25, my old back and legs wouldn't get tired so quickly as they do at 55. If I were 11 feet high, with four arms and hands, and eyes in the back of my head as well as the front, I could do four times as much work as now—and about eight times as much as any of the daddling dabblers I can hire. Just think, however, of the amount of pork, pie and potatoes it would take to keep such a critter!

Anyhow, I'm not 25 and I never shall be again. I'm not able to do four men's work, and I never shall be. We all are what we are, just think, however, which is what it is. The old brand of pietists used to parrot forth the assertion that "Whatever is, is right." One whole life is devoted, in society, in politics, in the church, to trying to improve things and folks and make 'em better. Which would be just blithering idiocy if we really believed that all things and everybody were just as they should be. No, indeed, there's plenty of room for criticism and plenty of room for betterment, all 'round. But, while it is our bounden duty to try to smooth up the old world, so far as our sandpaper will reach, it is also our bounden duty to make the best of that which we can't change.

Are you quite sure in your own mind that the world is a bad job? Then mind the best of it. Crit your teeth, spit on your hands, take a fresh hold and just—everlastingly—pull, till something starts! You probably won't be able to pull Lantern Hill off the face of the landscape, but you may, possibly, be able to pull out of the pot stalks into the barn, or a stick of cordwood home for a kitchen fire, or a loose rock out of the highway. "If" you were only rich, you'd do wonders. "If" you were only president, you'd reform everything. But you're not rich, and you're not president, and you aren't asked to reform everything all in a minute, or do any other wonders. To few, indeed, ever come opportunities for doing great things. The most of us must be content with doing little things all our lives, doing them and then doing them over again. We're poor servants—worse than that, we're unworthy workmen, when we scunt and neglect our little duties because of their triviality. If it is not given to us to remove mountains, we can at least hoe corns. Moreover, when some pesky little "If" pops up beside the row we're plowing, it's so hard to hoe, we can put a trifle more ginger into our work and hoe Mr. "If" under the first hill—to help fertilize it!

My neighbor, who has inspired these reflections, is really a pretty good sort, at bottom. Once in a while he gets out of bed feet foremost and starts into the morning with a genuine "man" look on his face. Those are the days when you can't find an "If" around his place. The creatures know when they meet their master and hunt their holes in the center. Why can't he keep up that spirit all the time? His "Chateau d'If" would soon change into a "Castle of Biff," suggestive of the way in which he met difficulties, and swatted them into quiescence.

THE FARMER.

## WAS DRUMMER IN FAMOUS BANDS.

John L. Miller of Providence Had Been Connected with Reeves' American Band and Other Organizations.

John L. Miller, one of the prominent musicians of Providence, and for the past twenty-five years connected with Reeves' American band, died at the Rhode Island hospital Tuesday of Bright's disease. He was born 49th year. Mr. Miller was born in Providence June 6, 1861, the son of John and Susan Miller, and went to the public schools. When only ten years old he was drummer boy in the 1st Rhode Island Cavalry. He became a member of the noted Reeves American band and continued with that organization until the formation of Clarke's band. He was a protegee and a particular friend of the late bandmaster, Dr. Wallis Reeves. Mr. Miller went with the new organization as manager, but after a brief existence, Clarke's band disbanded and he joined Fay's Second Regiment band. When Edward M. Fay took over the American band, Mr. Miller continued with Mr. Fay and remained with him to the time of his death. He was a member of the Musical Union and the Theatrical Mechanics' association. A widow and children survive Mr. Miller.

## A Complaint from Mexico.

It appears from the excited comment of some of the newspapers of Mexico that the president set an example of Jeffersonian simplicity on the occasion of his recent meeting with President Diaz for which he is to be cordially commended.

The complaint of the editor of El Koskabel, published in Guadalajara, is almost as bitter as that of the English embassy who was met by President Jefferson clad in dressing gown and slippers run down at the heel to receive a few worse than the best to the executive Taft would bring to the frontier a regiment of soldiers splendidly dressed, a good battery of artillery and a resplendent staff. But no, there was indeed a sad contrast.

"While our president went adorned in his grand uniform of a general, made in Paris at a cost of 25,000 francs, the president of the United States, who is to be his own, due to its looseness. His collar was wilted by perspiration, and there was not the slightest impression of elegance. He went clad in a red, heavy, worn-out, and shabby suit, while our president rode in a splendid landau, and the soldiers, the Mexicans, were in gala dress, with well polished boots and well brushed clothes. Those of our neighbor were in shabby, yellow shoes, khaki clothes, and what is the worst of all, 'under-shirt'."

"How shall this American negligence be interpreted? Will it make a dent in the freedom of the Yankee? Was it to contrast the simplicity of the opulent with the splendor of the poor? Or might it not have been to signify the little importance that they conceded to the presidency?"

It may be admitted that there is an element of inconsistency in sending a fleet about the world at an expense that has never yet been fairly admitted to the tax paying public, merely for the purpose of making a world tour, while the president of the United States in civilian's dress and with wilted collar to do the honors to a neighboring republic where the gold braid and tinsel is not given over to the army and navy. That a Mexican should not understand is not at all surprising. But the inconsistency will not be viewed on this side of the Mexican border as it is on the other. For on this side the president will not be discredited because of a wilted collar. He appeared as an American citizen, no more impervious to the rays of a Mexican sun than the rays of a Mexican sun. He conveyed the good will of a plain people to their neighbors—a friendly service, best performed with democratic simplicity—Des Moines Register and Leader.

## Fermentation and Flatulence Prevented

In the Stomach by Charcoal, the Great Absorbent, Anti-Fermentative, and Deodorant.

Some years ago Dr. Belloc, a retired surgeon of the French army, turned his attention to charcoal as a remedy for dyspepsia, fermentation and flatulence, or gas in the stomach and intestines. He was himself a sufferer from these symptoms, and thus had an opportunity of testing personally its therapeutic action.

He decided after many tests that charcoal made of willow wood was by far the best. He found that charcoal made of other woods caused a disagreeable taste in the mouth—even painful excoriations of the mucous membrane, as well as thirst, and a pinching sensation in the stomach; but not one of these symptoms ever occurred when willow charcoal was employed.

In the habit of prescribing from two to six teaspoonsful for his patients, but he himself frequently took as much as 500 grammes, or more than fifteen ounces per day. There is really no such thing as taking too much charcoal. An excess cannot be taken, for the reason that the more you take the better it is for you, as it is entirely harmless, and through its use your system will be completely cleansed of all its impurities, the fermentation of food and the formation of gas in the stomach prevented and the absorption of toxic products or poisonous material into the blood from the stomach and intestines stopped.

As a result, a regular use of charcoal daily, its harmlessness and beneficial effects as an absorbent, deodorant, germ-destroyer and dyspepsia cure should lead to a general recommendation. The Academic Nationale de Medicine of Paris reported very favorably on a memoir which Dr. Belloc published on the use of charcoal, and in France it soon became a favorite remedy.

Dr. Belloc's charcoal is now being sold, prescribed and employed as a dyspepsia remedy. Dr. Belloc's charcoal was administered to his patients in the form of powder, stirred up in water, which was very disagreeable to the taste, and its efficacy was far less than in the form of a lozenge.

Stuart's Charcoal Lozenges are a great and happy improvement upon this form of administering charcoal. They are made of the best willow charcoal, freshly prepared, and rendered exceedingly palatable by the addition of pure honey, which gives them a taste that is in strong contrast to that of ordinary powdered charcoal. Nothing could be more efficacious in its effects than charcoal given in this desirable form. Two or three of Stuart's Charcoal Lozenges taken after meals are sufficient to give complete relief. Go to your druggist and buy a box, but insist on having Stuart's, as there are many worthless imitations on the market, made of willow wood, but of polar box-wood, dog-wood, etc., which are not good for the system. For sale everywhere, 25 cents per box. Sample box will be sent free by mail upon request. Address F. A. Stuart Co., 290 Stuart Bldg., Marshall, Mich.

## Valets for Students.

Undergraduates who entered the often melancholy entrance to the dean's office at Yale university this week were met with the conspicuously posted sign: "No private servants are allowed in the college buildings." Yale has always been opposed to valets, but to the western collegian it must seem strange that these luxurious impediments should have to be formally barred from the campus. Such a prohibition would sound like boisterous farce at Illinois, and it would be little short of a riot call at Wisconsin. But it is a more serious matter in the sophisticated east, and there are graduates of Harvard today who wish that Yale's signboard could have been posted in the magnificent dormitories at Cambridge a decade ago. Body servants are not needed at our universities. A little more intellectual valeting is the tonic being prescribed by every academic practitioner from President Lowell down.—Chicago Evening Post.

## Dr. Cook's "At Last."

Whether it is sad or funny, we cannot easily determine. But a newspaper editor has dug out of Dr. Cook's book about the ascent of Mt. McKinley this interesting paragraph: "At last! The soul-stirring task was crowned with victory. The top of the continent was under our feet. Our hands clasped, but not a word was uttered. We felt like shouting, but we had not the breath to spare. The thing that impressed me first was the noble character of Edward Barrill, the climber in heart and soul of the man who followed me without a word of complaint, through hopelessness to success." Evidently Dr. Cook had not scaled all the cliffs and crags of human nature, and had reached the summit of this lofty peak. As he stood there, clasping the hand of Edward Barrill, he had no premonition that the big-hearted guide would swear to a circumstantial denial of the whole story, as it was already shaping itself in his mind.—New Bedford Standard.

## A Mean Trick.

Some of the automobilists who went through Connecticut on Friday night and Saturday morning to the Vanderbilt race at Bridgeport, with their eyes, lips and faces generally, the result, it is said, of red pepper thrown in the streets of some of the towns passed through. This was a decidedly mean trick, and it would be well to know what towns harbored persons engaged in such an outrage. Several of those who suffered from this cause went back from the race by rail and their faces showed plainly the results of their injuries.—Bridgeport Standard.

## Keen Competition.

A member of the Roosevelt hunting expedition has undertaken the ascent of Mount Kenya, which thereby threatens to become the Mount McKinley of Africa.—New Orleans Times-Democrat.

In one year the number of taxicabs in London has more than doubled, and the horse-drawn cab will probably soon be extinct.

## Bell's Seasoning

Always found on your Mother's Pantry Shelf. Remember it?

**DELICIOUS LAMB CROQUETTES.** (Chicken or Beef Croquettes made in the same manner are excellent.) Prepare 5 cups of chopped lamb. Take 1 even tablespoon butter, melt in saucepan, and add 1 heaping tablespoon flour and 1 cup of milk, stirring constantly until it boils. Add 1 even teaspoon of Bell's Seasoning and 1 even teaspoon salt. Break 1 egg over the meat. Pour over same the sauce made as above, and stir thoroughly. Make into croquettes of size desired, and put in a cool place to harden. Fry in hot lard. Serve with green peas. Remember, a 10c can of Bell's Seasoning favors the dressing for 100 lbs. of meat or poultry, and the 25c. can 300 lbs.

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## Loss of the America's Cup.

There will be a good deal of popular sympathy in this country with Sir Thomas Lipton's wish to lessen the obstacles in the way of another challenge for the America's cup. Whether the New York Yacht club will see its way clear to modify the terms on which it holds the cup remains to be seen, but that organization is, to some extent, committed to the policy of courting the building of boats fit to cross the ocean. In 1902 it adopted a rule designed to favor cruising yachts, as distinguished from racers, pure and simple. It would make only a new application of that principle if it felt free to construe the deed of gift under which it received the America's cup so as to lead Sir Thomas to make another trial.

That the club has had misgivings as to the result of another international race would be an unfair assumption, but the loss of the cup would not be a tragedy. The effort to recover it would furnish a new incentive for competition between American and foreign yacht designers.—N. Y. Tribune.

## A Hog Milt Prophecy.

Prognostications of a hard and cold winter "don't go" with Farmer C. P. Bennett of West Cheshire, this state, who pooh poohs the goosebumps, the thick cornhusk, the chipmunk's thick fur, the caterpillar's black stripes and all the other time-honored and weather beaten signs and symbols, and pins his faith to the "hog's milt," or spleen. In writing his annual hog milt prognostication to the World, Farmer Bennett says:

"My predictions are as follows: A late fall. I look for the month of November to be warmer than October. I don't look for any winter weather until well up in December. I don't look for much snow or ice. I don't look for any ice until after the first of January. The milt indicates the cool weather we have had the last two weeks. I look for a reasonably early spring."

Farmer Bennett, with his hog's milt, is in the minority, but it is to be hoped he's right.—Hartford Post.

## Can't Ignore Fowler.

Congressman Fowler's challenge to Senator Aldrich for a joint debate on the central bank plan will not be formally accepted. It is safe to say, informally it will be accepted, as Congressman Fowler knows, and the result will be to the advantage of the country. The New Jersey student of the banking problem cannot be ignored, even by Uncle Joe Cannon. What he has to say about the banking and currency system will be worth hearing, and the members of the currency commission who realize that there must be a reasonable approval and acceptance of any plan of reform that is to become successful will realize that what Congressman Fowler says will be worth answering and carefully considering. It is essential that there shall be an open debate on the proposed legislation.—Boston Herald.

The Baptist temple in Brooklyn has invited Rev. Dr. Len C. Broughton of the Baptist Tabernacle in Atlanta, to become its pastor.

## DON'T WORRY; It Makes Wrinkles.

Worry over ill-health does your health no good, and merely causes wrinkles, that make you look older than you are.

If you are sick, don't worry, but go about it to make yourself well. To do this we repeat the words of thousands of other former sufferers from womanly ills, similar to yours, when we say,

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